GGZ DISCREET IS LOOKING FOR INNOVATIVE MENTAL HEALTH SPECIALISTS

Organisation: GGZ Discreet | The mental health matchmaker for the Dutch business community!
Region: throughout the Netherlands (online) and, if you wish, at your practice
Role: resilience coach / practitioner (occupational health services)
Experience: at least 6 years for NIP psychologists and 3 years for other roles

Rate for NIP work and organisational psychologists: depending on years of experience, EUR 97.50 and EUR 127.50, excluding VAT
Rate for work and organisational psychologists NIP: depending on years of experience, EUR 97.50 and EUR 127.50, excluding VAT
Rate for generalist remedial educationalists: depending on years of experience, EUR 120 and EUR 150
Rate for healthcare psychologists: depending on years of experience, EUR 142.50 and EUR 172.50
Rate for clinical psychologists and psychotherapists: depending on years of experience, EUR 176.25 and EUR 198.75
Rate for psychiatrists: depending on years of experience, EUR 202.50 and EUR 225
Profile: self-employed professionals with their own practice or freelance assignments

GGZ Discreet: the mental health matchmaker for the Dutch business community.

Anonymous, skilled mental health specialists for employees, without a waiting list

In its current form, healthcare in the Netherlands will not meet its residents' mental health needs in the long term. The current system of GP referrals, insurers' budget caps and waiting times of 2 months to 2 years caused by shortages of mental health specialists is no longer sustainable. A bottleneck has developed, and for years the needs of clients or employees and employers have no longer aligned with what healthcare can offer. GGZ Discreet was founded in response to both the costs borne by sickness absence insurers and employers (EUR 400 per day for each employee off sick) and the needs of employees who simply want prompt help with their mental health difficulties. We are the online mental health matchmaker for the Dutch business community, offering a solution to some of the frustrations we all experience in the current healthcare landscape: when someone is out of balance, they need prompt, anonymous support from a skilled resilience coach qualified as a clinical psychologist, psychologist or healthcare psychologist, generalist remedial educationalist or psychotherapist.

GGZ Discreet: the mental health matchmaker for lifelong resilience

Do you want to be one of THE CHANGEMAKERS in today's mental healthcare landscape and help build this sector's future model? Do you also believe in other people's resilience rather than an institutional approach to symptoms and problems? Then join the GGZ Discreet team as an independent professional, for example if you have your own practice with gaps in your diary or work freelance. Together, we form a powerful movement shaping the future of mental healthcare for the Dutch business community. We make anonymous, skilled private mental healthcare available without waiting lists and without the involvement of health insurers.

As a resilience coach, you also spend 95% of the hour focusing on your client, rather than spending a large part of this valuable time on administration and entering information into systems to claim costs from health insurers. Employers pay for these resilience consultations, removing many administrative tasks. GGZ Discreet invoices member organisations on your behalf, taking care of administration and invoicing too.

Our vision for the future of mental healthcare

- Support is anonymous and discreet.
- The quality of mental health specialists is transparent to clients and employers.
- Personal resilience becomes the new guiding principle.
- Choosing your own mental health specialist becomes the new normal.
- Funding takes place outside health insurers and is prompt and appropriate.
- There is no contact whatsoever between the resilience coach and the employer or occupational health doctor: truly anonymous!

Personal resilience as the new guiding principle

Mental resilience is the mind's ability to adapt positively to stress, adversity or change and recover from it, sometimes emerging stronger. It does not mean that you experience no emotions or periods of low mood. Resilience means regaining your footing through your own strengths after a difficult period, accepting your feelings and taking action to maintain or regain your mental wellbeing.

GGZ Discreet starts from the resilience within every person, so our tone is positive and encouraging. Everyone faces challenges to their mental resilience to a greater or lesser extent. In GGZ Discreet's view, that does not immediately make you 'ill' or a 'patient' undergoing 'treatment', but a normal person living their life. Resilience means taking action when you begin to struggle and strengthening your resilience by seeking professional mental health support. At that moment, GGZ Discreet is here to help you stay on course or get back on course as quickly as possible, matching you without a waiting period with a skilled resilience coach qualified as a clinical psychologist, psychologist or healthcare psychologist, generalist remedial educationalist or psychotherapist. Nothing more and nothing less.

In GGZ Discreet's online Match Boutique, you can choose resilience consultations for more than 50 mental health needs.

When are you a good fit as a CHANGEMAKER at GGZ Discreet?

Together with GGZ Discreet, you are a pioneer and one of the early changemakers in the mental healthcare sector. This naturally comes with quality requirements that you, as an innovator, can confidently meet:

- At least 3 years' experience as a clinical psychologist, healthcare psychologist, psychotherapist or generalist remedial educationalist;
- At least 6 years' experience as a psychologist (NIP only);
- At least 3 certificates in commonly used treatment methods;
- You also carry out other paid work in the mental healthcare sector;
- You offer resilience consultations only for mental health needs in which you have experience;
- Preferably, you speak another language alongside Dutch.

Our practitioners:

- Do not provide employers with information about our clients, as GGZ Discreet prevents this in its role as intermediary;
- Are not feel-good or motivational coaches who tell clients what they want to hear during a resilience consultation;

- Do not promise clients quick wins. Getting better is not easy; you need to take action yourself;
- Model communication that builds connection, clarity, commitment and constructive reflection;
- Teach clients to understand and influence their mental mindset;
- Walk with clients from A (ill) to B (working and living), then let them continue independently.

Our practitioners do not help clients learn to dream bigger. They help them take small steps and initiate action for lifelong resilience.

Your role as a CHANGEMAKER at GGZ

As one of our innovative resilience coaches, you are featured in GGZ Discreet's online Match Boutique, offering anonymous resilience consultations, without registration in systems, to clients or employees. They can book an appointment with you within 48 hours (the booking, not the consultation itself). We also take our mental health specialists' resilience into account by:

- Offering resilience consultations to employees with a growth mindset rather than a fixed mindset;
- Letting resilience coaches choose the mental health needs for which they want to provide coaching;
- Arranging unique introductory matching conversations in which either the employee or the specialist can say that the connection does not feel right;
- Limiting administration to taking notes, without entering information into systems;
- Providing specialists with a platform that handles sales to help fill their practice diaries;
- Taking negotiations with commissioning clients about indexation and rate increases off their hands;
- Handling administration and invoicing on specialists' behalf: you only record your hours in an app!

If clients or employees book you frequently through our online Match Boutique and your diary becomes full, we will temporarily take your profile offline to help keep your own resilience in balance.

We would like to get to know you!

When you join us, we want to get to know you properly. You will therefore spend an average of 2 hours in contact with GGZ Discreet to present your profile professionally in our online Match Boutique and record all necessary information to a high standard, providing as much transparency as possible for clients, employees and employers. As you will be used to, you will also need to provide certain documents as an independent professional under the Dutch Wet DBA. We can then sign our collaboration agreement with a smile and present you online. After that, you can start contributing to a highly disruptive approach to mental healthcare in the Netherlands that will get people talking. Will you join us?

When you join GGZ Discreet, we will of course request a Certificate of Conduct (VOG). We also always check your qualifications in the relevant registers and with the relevant institutions.

GGZ Discreet looks forward to scheduling a call and introducing itself as a mental health matchmaker for the Dutch business community and a CHANGEMAKER in mental healthcare. For more information or to send your CV, contact owner Sandra Oudenes at info@ggzdiscreet.nl or by telephone or messaging app on 06-48406245.

You can also connect with me on LinkedIn and send me a message.